

# LITTLE FREE PANTRY SUMMER BREAK STOCK

*Feed kids! Promote play!*

## BREAKFAST

Cereal  
Instant oatmeal in single serving packages  
Bagels  
Pop tarts

## LUNCH/DINNER

Pre-assembled brown bag lunches: PB&J, apple, drink, single serve pack cookies  
Bread  
Tuna/chicken salad kits  
Peanut butter and other nut butters  
Vienna sausages  
Pitas, pizza sauce, shelf stable parmesan  
Beanie & weenies  
SpaghettiOs/Canned ravioli  
Jelly  
Ramen noodle cups  
Easy mac

## HEALTHY

**Canned fruit / Fruit cups**  
Dried fruits: raisins, craisins, banana chips  
Nuts  
Sunflower, pumpkin seeds  
Granola bars  
Trail mix without M&Ms  
Applesauce  
Dehydrated veggie chips  
Bottled water  
Gatorade  
Whole Grain Fig Newtons

## SNACKS

Capri sun/juice boxes  
Pop ice/Otter pops  
Granola bars  
Pudding cups  
Peanut butter crackers  
Fruit snacks  
Popcorn  
Pretzels  
Vanilla wafers  
Snack crackers: Goldfish, Cheezits  
Chips and salsa

## SUMMER SUPPLIES

Sunscreen  
Band-aids  
First aid ointment  
Toothpaste/toothbrushes  
Feminine hygiene products

## FUN

Bubbles  
Squirt guns  
Sidewalk chalk/paint  
Frisbees  
Jump ropes  
Playing cards  
Fun Dip  
Water balloons  
Old Maid, Uno, Go Fish  
Candy necklaces  
Paper  
Coloring Books/Markers