

**CHRIST'S LITTLE PANTRY** 

Are you, or someone you know, experiencing food insecurity?

Our church now has "Christ's Little Pantry."

If you need food, "Take what you need."

If you have extra food to share, "Leave what you can."

Please share our story, so no one goes hungry.

# If you have food to donate, please feel free to put it into the pantry at any time.

Christ's Lutheran Church 5330 Old Logan Ferry Road Murrysville, PA 15668

The Pantry is in our lower parking lot.

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# LITTLE FREE PANTRY SUMMER BREAK STOCK

Feed kids! Promote play!

## BREAKFAST

Cereal Instant oatmeal in single serving packages Bagels Pop tarts

#### LUNCH/DINNER

Pre-assembled brown bag lunches: PB&J, apple, drink, single serve pack cookiesBreadBeanie & weeniesTuna/chicken salad kitsSpaghettiOs/Canned ravioliPeanut butter and other nut buttersJellyVienna sausagesRamen noodle cupsPitas, pizza sauce, shelf stable parmesanEasy mac

#### **HEALTHY**

Fresh fruit: apples, Cuties, bananas, peaches, plums Fresh veggies **Canned fruit / Fruit cups** Dried fruits: raisins, craisins, banana chips Nuts Sunflower, pumpkin seeds Granola bars

#### **SNACKS**

Capri sun/juice boxes Pop ice/Otter pops Granola bars Pudding cups Peanut butter crackers Fruit snacks

### **SUMMER SUPPLIES**

Sunscreen Bandaids First aid ointment Toothpaste/toothbrushes Feminine hygiene products

#### FUN

Bubbles Squirt guns Sidewalk chalk/paint Frisbees Jump ropes Playing cards

- Veggie straws Trail mix without M&Ms Applesauce Dehydrated veggie chips Bottled water Gatorade Whole Grain Fig Newtons
- Popcorn Pretzels Vanilla wafers Snack crackers: Goldfish, Cheezits Chips and salsa

Fun Dip Water balloons Old Maid, Uno, Go Fish Candy necklaces Paper Coloring Books/Markers